PLANNING FOR EMERGENCIES

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EMERGENCY KIT CHECKLIST

- **Food,** at least a three-day supply of non-perishable food.
- **Water,** one gallon of water per person and pet per day for at least three days, for drinking and sanitation.
- Radio, battery-powered or hand crank with NOAA weather and tone alert
- Flashlight, headlamp, extra batteries, for radio and lights
- First aid kit
- Whistle to signal for help
- **Dust mask** or cotton t-shirt to filter air
- Moist towelettes, garbage bags, plastic ties for personal sanitation
- **Wrench or pliers** to turn off utilities. Know where and how to shut off valves.
 - Manual can and bottle openers, plates, utensils, paper towels
- Maps and documents insurance information, contact information, family emergency plan, etc.
- Coats, shoes, clothing
 - **Unique family needs -** prescription medicines, glasses, infant formula, diapers, pet supplies, crates.

1. Get a Kit

of emergency supplies.

Be prepared to make it on your own for three days to three weeks. If possible, make a large kit for home and a small car kit.

2. Make a Plan

for family emergencies.

Sit down together, plan and practice in advance. Your family may not be together when disaster strikes, so

plan how you will communicate and meet up and where you will go. If you evacuate, take your emergency supply kit and pets. Create an evacuation list of items to take for the recovery phase.

Set up family meeting points where you can find each other and leave messages if you are separated. Power may be out and cell phones may not be working. Text may still work when phone does not.

Have an out of state contact that all family members call. Make a long-distance call rather than call locally — it works better. Be sure everyone knows the number and has coins or a prepaid phone card.

3. Stay informed

Get Hood River County Citizen Alerts: www.HoodRiverSheriff.com/events/emergency-alerts



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